

TrioDocs

Version: 0.2.1 Date: May 08, 2025

Download the latest version on: https://docs.diy-trio.org

Target Glucose

Target Glucose

Trio will target this value when calculating insulin needs. It should be set to the blood glucose you would like to reach when corrections are made. A recommended value is between 90-110mg/dL or 5-6mmol/L



You can set different targets at different times. Some users only have one target. Others have a lower target during the day and a higher target during the night to avoid lows.