

#### TrioDocs

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# Nightscout

# Visualization and Monitoring

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#### **Highlights**

- Nightscout is optional but encouraged
- · Nightscout is a useful tool for data analysis and followers
- Create a <u>Nightscout</u> server and input your <u>URL</u> and <u>API\_SECRET</u> in *Trio*. Test the connection and enable <u>Allow</u> Uploading to Nightscout.

# Nightscout Introduction

<u>Nightscout</u> (NS) is an open-source project that allows real-time access to <u>CGM</u> data via a personal website, smartwatch viewers, or apps and widgets available for smartphones. Setting up a <u>Nightscout</u> web app is recommended to visualize your *Trio* closed loop.

<u>Nightscout</u> allows a user to upload <u>CGM</u> data from various sources to an online database and cloud computing service. The information is then processed and displayed visually as a graph. Plugins also allow more information to be shown about *Trio*.

Even if you don't choose to share your <u>Nightscout</u> site with another person, it will be helpful for you to visualize what the loop is doing and what it's been doing, plus generate helpful reports for understanding your data.

For help making a Nightscout account, please see the OpenAPS documentation.

# Trio Setup

To enable your Nightscout connection:

- input your Nightscout URL, including the https:// and your API\_SECRET.
- Toggle on Allow Uploading to Nightscout so Trio can share its predictions and settings with Nightscout.



#### A Nightscout URL starts with httpS://

Your Nightscout URL must start with https://.

To set this up correctly, do not forget the letter s between http and ://.