Glucose Targets

Glucose Targets

Trio will target this value when calculating insulin needs. It should be set to the blood glucose you would like to reach when corrections are made. A recommended value is between 90-110mg/dL or 5-6mmol/L

> 🔥 **Tip**
>
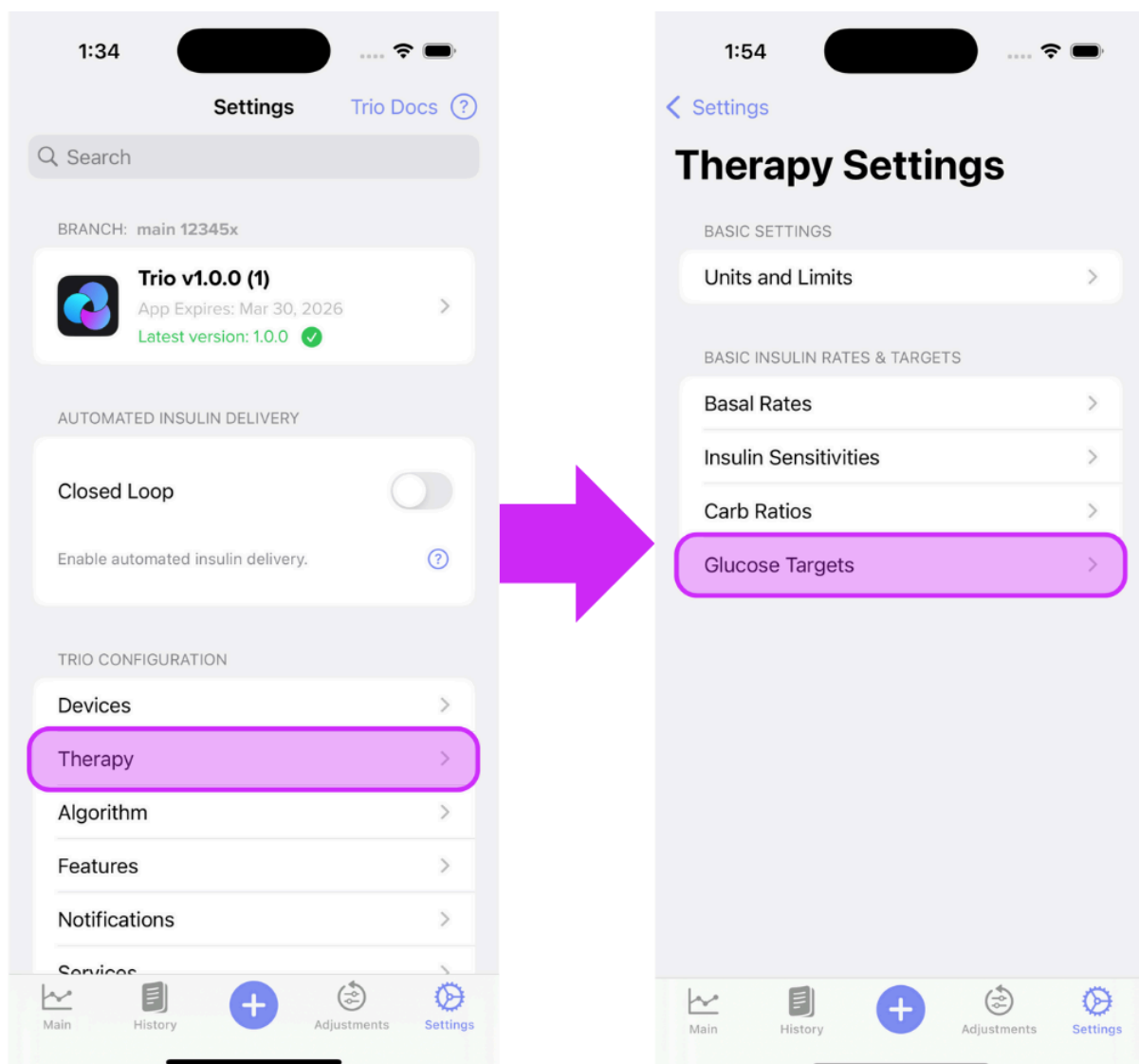> You can set different targets at different times.
> Some users only have one target.
> Others have a lower target during the day and a higher target during the night to avoid lows.

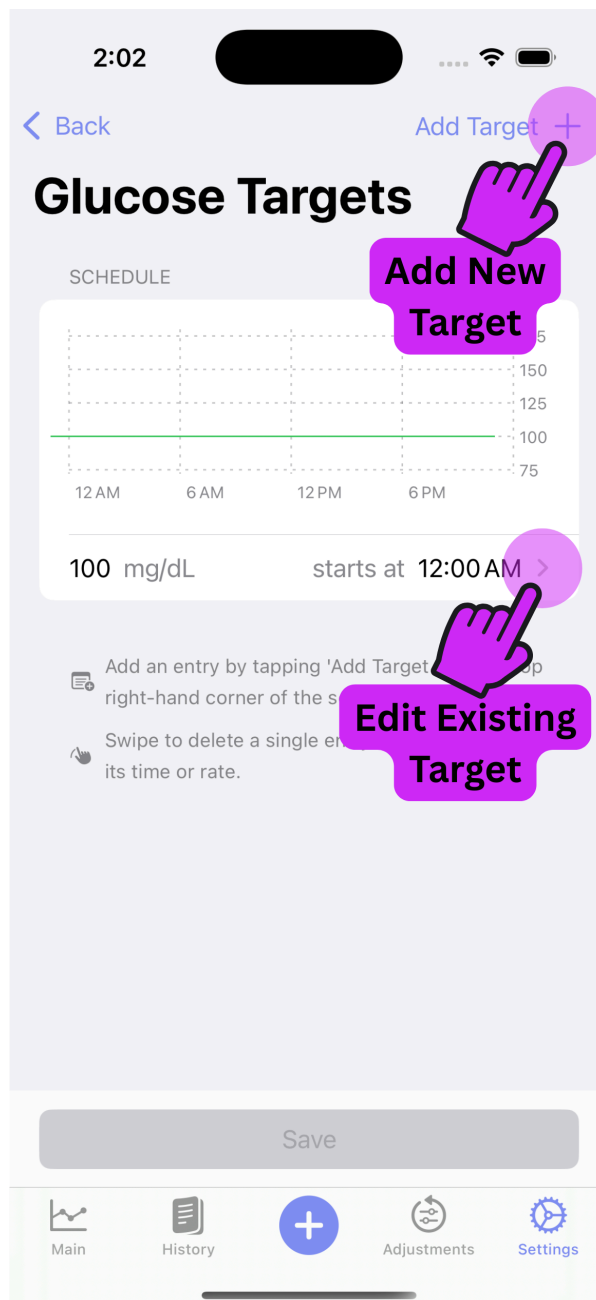## How to Enter Your Glucose Targets Into Trio
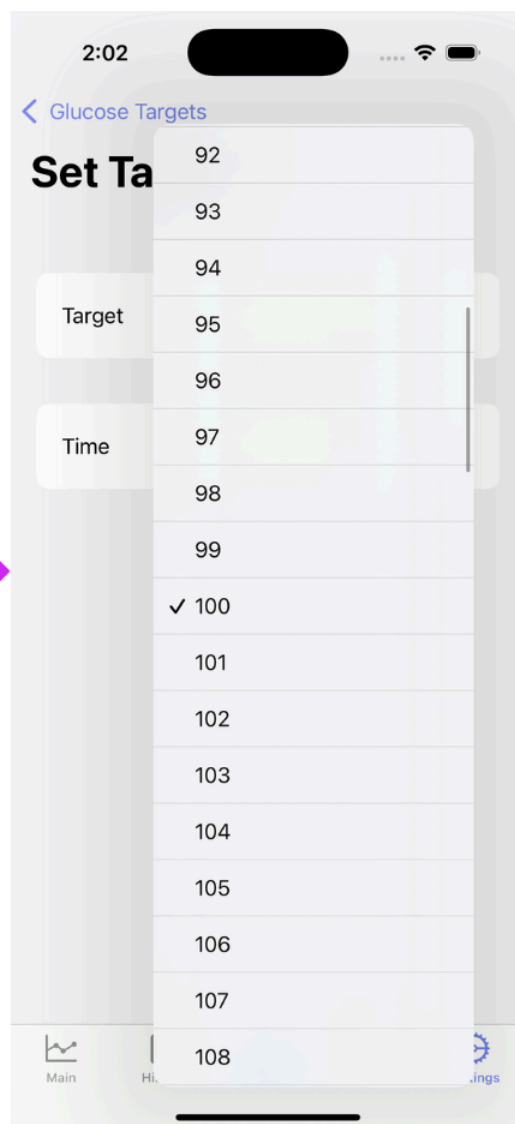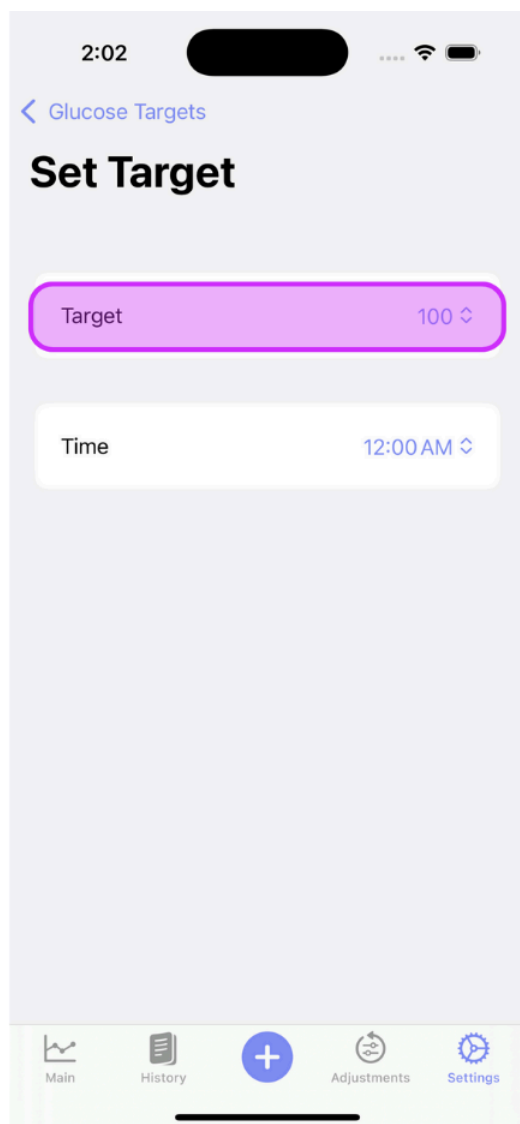
Step 1

Enter the Glucose Targets screen

Step 2

Tap the "Add Rate +" on the top right of the screen until you have the number of targets you require. Then, edit each target by tapping the arrow to the right of the Glucose Target.
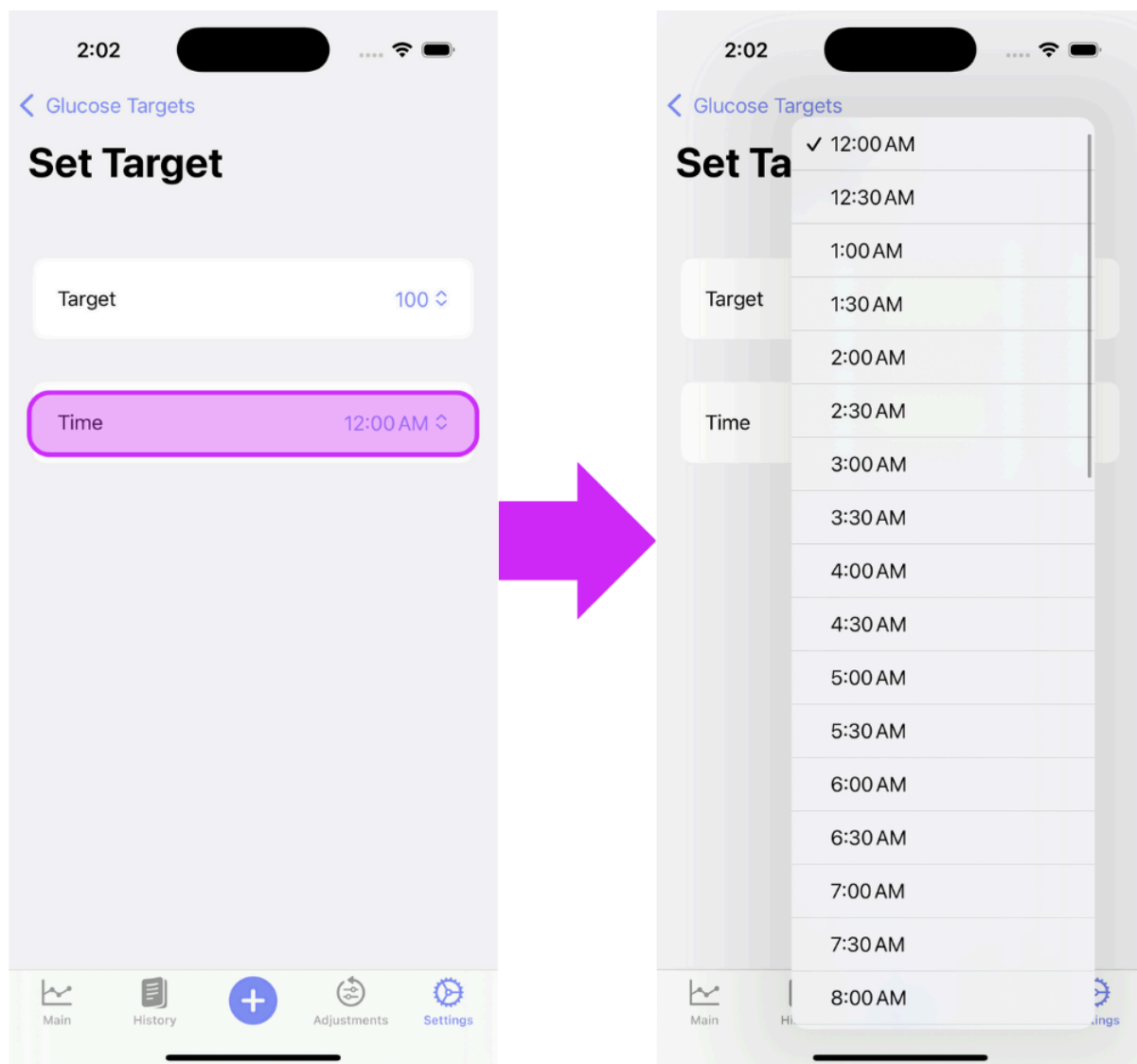

Step 3

Adjust the target glucose value
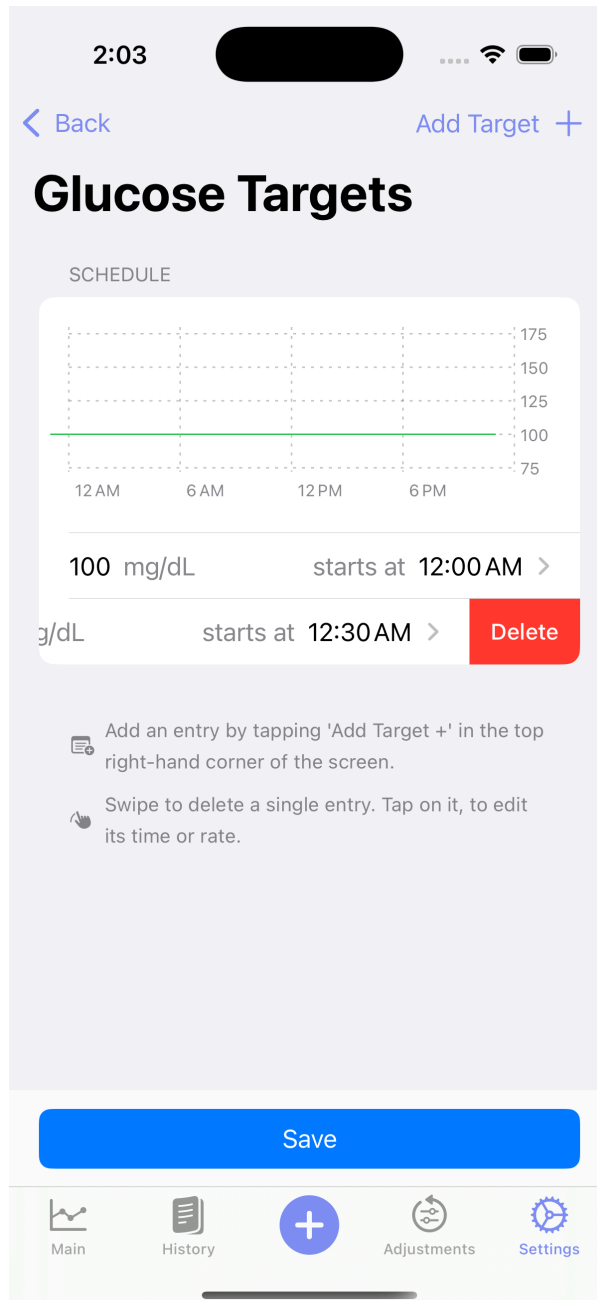
Step 4

Adjust the time

Step 5

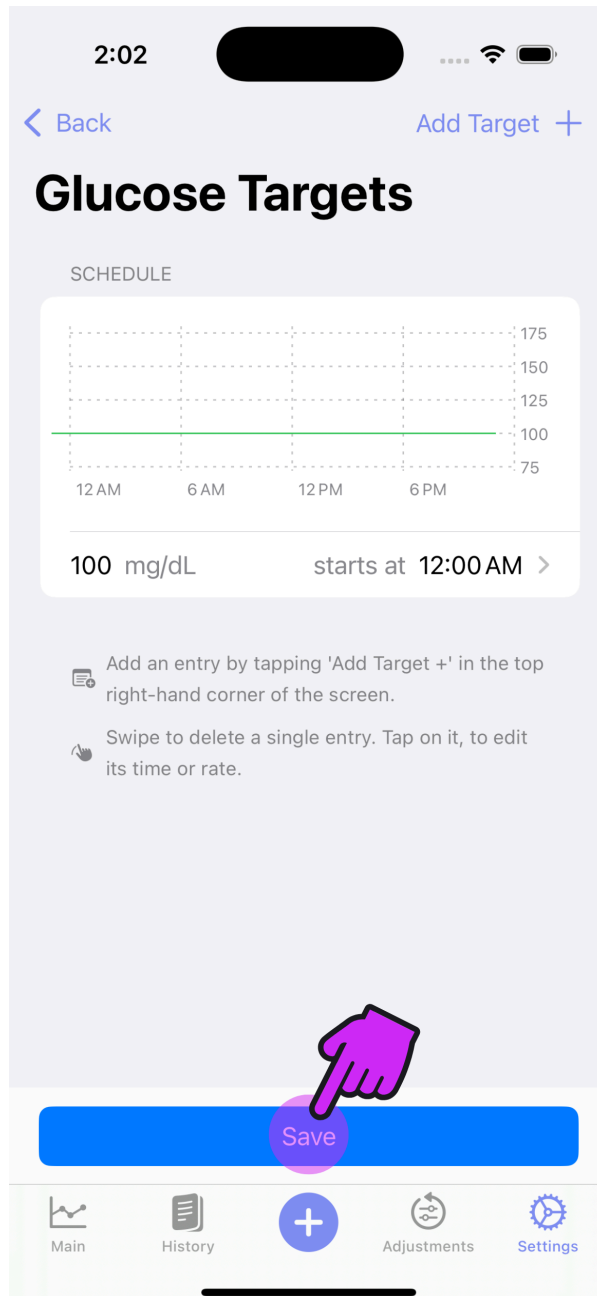Repeat Steps 2, 3, and 4 until all CRs are set

Delete a Glucose Target Entry

Should you need to delete an CR entry, just swipe left on the rate you need to remove.

Step 6 **IMPORTANT**

Save your changes!

Step 7

Proceed to Basal Rates or return to New User Setup